

Heimlich Act+Fast Choking maneuver training jacket



Heimlich choking training vest

The **anti-choking training vest** is specially designed for students and healthcare professionals learning cardiopulmonary resuscitation (CPR). This **educational tool** enables you to master the abdominal thrust maneuver (Heimlich), an essential method for clearing obstructed airways in the event of choking. It offers a **realistic, interactive approach** to learning, where the visual effect of a foam plug projected during the Heimlich maneuver boosts students' confidence and enables them to practice under conditions close to reality.

The device can be used in a variety of positions: standing, seated, on the floor, or even using a counter or chair, simulating various choking situations. Thanks to its ergonomic design and adjustable elements, it is suitable for a wide range of users, from the novice student to the experienced practitioner.

Features :

- **Modular design:** Can be used in several positions: standing, sitting, on the floor, or using a support such as a counter or chair to simulate choking.
- **Adjustable shoulder straps:** Enable customized fit for different user sizes, offering greater comfort and versatility.
- **Air bladder:** Specially designed to simulate the resistance and reaction of a human body during abdominal thrust (Heimlich).
- **Foam back pad:** Allows you to practice additional rescue maneuvers, particularly in choking situations where the assistance of a third party is required.
- **Foam plugs:** Included in the packaging, the product includes 30 foam plugs (20 standard yellow and 10 easier-to-spray green, for beginners and children).

Benefits:

- **Realistic simulation:** The visual effect of projecting the foam plug helps make the exercise more authentic, enabling students to better visualize the impact of the Heimlich maneuver.
- **Adaptability:** The tool is designed to be used in a variety of teaching contexts, allowing maximum flexibility during training sessions.
- **Safe practice:** Thanks to the use of foam plugs and the air bladder, students can practice without risk of injury, while acquiring the necessary mastery to intervene effectively in an emergency.
- **Progressive learning:** Different-colored plugs allow for learning progression, with green plugs easier to use for beginners and children.
- **Comfort and personalized fit:** Adjustable shoulder straps guarantee an optimal fit for a wider range of trainers and students, whatever their morphotype.

Applications:

This device is mainly used in cardiac and respiratory resuscitation (CPR) training, in particular to teach the Heimlich maneuver and help students familiarize themselves with first aid in the face of an airway obstruction.

It is ideal for :

Schools and educational institutions training students in CPR.

Professional training centers for first-aiders, firefighters or other emergency responders.

First aid simulations in controlled environments, with the ability to reproduce different types of choking scenarios.

Public demonstrations to raise awareness of life-saving actions in the event of choking.

The Choking Trainer is an essential training tool for teaching the Heimlich maneuver safely and effectively. Thanks to its ingenious design, it offers a realistic, progressive learning experience, enabling students to develop their confidence and competence in the event of an emergency. Its versatility of use, comfort and the ability to practice in different positions make it suitable for a wide range of first aid training courses, whether for adults or children.