10 kg weighted vest for manikins lifeguard



10 kg weighted vest for manikin adult rescue

Essential accessory for realistic fire and rescue training

Distributed by **MMF Protection et Sécurité**the **10 kg weighted vest** is designed to increase the weight of adult training manikins and simulate the real weight of a victim. It improves the quality of handling, lifting and evacuation exercises, while effectively preparing responders for the realities of the field.

Why use a weighted vest for training?

By adding real weight to manikin, this vest increases the difficulty of maneuvers. It promotes precise, safe movements, while enhancing the physical condition and coordination of teams during tactical, fire or road rescue exercises.

Technical specifications

- Weight: 10 kg
- Compatibility: manikins adults (Ruth Lee type or equivalent)
- Material: reinforced nylon, sturdy buckles
- Adjustment: adjustable straps for stable hold on the harness manikin
- Padded handle: makes the jacket easy to carry
- Use: exclusively on manikin training vests, not worn by humans

Areas of use

Ideal for **firefighter training centers**, rescue services, civil protection or specialized companies, the weighted vest simulates the handling of heavy victims in a variety of environments (fire, confined spaces, rescue at height or transport).

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Accessory offered by **MMF Protection et Sécurité**an expert in training and intervention equipment, this weighted

vest is designed to last and meet professional requirements in the field.